On Your Mark Get Set READ
Elementary
Asia

Pool Noodle Nunchucks - allfortheboys.com/home/2014/03/11 pool-noodle-nunchucks.html

Ninja swords with noodles from the dollar store; same swords for jousting.

Check out Sunflowerstorytime.com. Leah and Mollie have a great Ninja Night on their blog with book suggestions, crafts and more.

Adapt the Zodiac tale The Great Race, using a maze for the animals to cross.
Surfing From Hawaii to Australia

Surfing

Take a noodle put it down the middle, tape together side by side with duct tape. Decorate with stickers or permanent markers. Place on floor practice balance techniques.


Robot Racers

Robot-themed activities
scholastic.com/parents/resources/article/science-nature-activities/robot-themed-activities

Use the robots on page 141 of manual.
More Robots

Moving noodle robot - teachpreschool.org/2015/07/stem-moving-noodle-robots/. This is a great STEM project for pre-school and early school age.

Soda can robots for older school age in Spanish - youtube.com/watch?v=dvIw0cKwdrQ
Fueling your Engine

*Food Fight* by Carol Diggory Shields


*Vegetables in Underwear* by Jared Chapman

Humor - *Chicken Lips & Lizard Hips* covered by Bruce Springsteen

[.youtube.com/watch?v=nJMrU0scAN0](youtube.com/watch?v=nJMrU0scAN0)

Plant carrots, beans or mini-garden.
Many of the previous activities from the morning may be adapted for school age.

Things I would add:
Hoola-hop exercises and contest:
youtube.com/watch?v=CRAqBhpCTv0

theinspiredtreehouse.com/10-creative-hula-hoop-games-and-activities-for-kids/
Music

Patty Shukla - A favorite artist - pattyshuklakidsmusic.com/

Musical PE for you and me #1 & 2 are perfect for summer 2016
youtube.com/watch?v=sbTwdMzkPyA

Get kids moving gonoodle.com

Kids Pop Workout Hits Vol. 1 (Music For Kids To Stay Fit) Fit Kids Allstars:
amazon.com/gp/product/B004BDH5S2/182-4363269-6789857?ie=UTF8&*Version*=1&*entries*=0
Theme It Up

Incorporate various exercises into your favorite themes:


Animals: animal yoga poses - use yoga cards or poster. There are forest, ocean and pet animal poses. Check out: [kidsygastories.com/summer-yoga](http://kidsygastories.com/summer-yoga).

Themes Continued:


Astronauts and tumbling are great fitness themes. What do Astronauts eat?

Exercise:
Stuffed Animal Ninja Warriors
Create an obstacle course for stuffed animals incorporate stuffed animal zip-line.
Stuffed animal Zip Line

Check out the video about a stuffed animal zip line

youtube.com/watch?v=OgXUduSwv94

Attach string to wall at elevated height, slide tube up string and secure stuffed animal to tube.

This is a good activity to talk about safety gear and more with sports.
Stuffed Animal Ninja Course

Climbing net (made with basketball net)

Rock wall made by attaching sponges to board
(use rock climbing with mountains, camping or goats)

Slice and core center of pool noodle, attach to board with glue to make tire course.
Obstacle Courses

Children can create obstacle courses themselves using balls, cars or if there is space - bicycles.

Check out: kidsactivitiesblog.com/62829/active-indoor-games

Invite local law enforcement to review bike safety.
Have a Great Summer Reading Program

Monica Ladd
561-568-8840
laddm@pbclibrary.org
or
storytainer@gmail.com

I hope everyone had fun and please contact me if there is anything I can help with.